

## Dorset House School - Four Week Menu

In addition to the published choices, we also offer a wide selection of salads, bread and butter, cut fruit, yoghurt and homemade soup.

*(Please note that due to supply issues, there may be changes to the menu. If you have any questions, please call the school office and we will be happy to help)*

### Week One Menu

#### MONDAY

##### Breakfast - N/A

##### Lunch

Chicken and vegetable sweet and sour with rice or  
Baked potatoes with cheese and/or baked beans  
Iced vanilla sponge cake.

##### Supper

Sausages, potato wedges, peas

#### TUESDAY

##### Breakfast

Scrambled eggs, hash browns, beans

##### Lunch

Beef casserole, mashed potatoes, carrots and green beans  
Pasta with tomato sauce  
Ginger cake

##### Supper

Cheese omelette, chips and peas

#### WEDNESDAY

##### Breakfast

Croissants or boiled eggs

##### Lunch

Spaghetti Bolognese, garlic bread and sweetcorn.  
Vegan Bolognese  
Ice Cream

##### Supper

Pork or Quorn stir fry and noodles.

#### THURSDAY

##### Breakfast

Chipolatas, hash browns and beans

##### Lunch

Roast chicken, roast potatoes, carrots, broccoli and gravy  
Vegan sausages

##### Supper

Pasta bake, salad or peas

#### FRIDAY

##### Breakfast

Croissants, boiled eggs

##### Lunch

Butcher's beefburgers, chips, beans  
Veggie burger or omelette  
Rocky road

## **Week Two Menu**

### **MONDAY**

#### **Breakfast**

N/A

#### **Lunch**

Chicken or vegetable Korma and rice.

Pasta with tomato and herb sauce

Butterscotch sponge

#### **Supper**

Baked potatoes, tuna, beans, cheese, salad

### **TUESDAY**

#### **Breakfast**

Croissants, boiled eggs

#### **Lunch**

Cheese and tomato pizza, potato wedges, sweetcorn or beans

Chocolate chip shortcake

#### **Supper**

Tuna or veggie bake and peas.

### **WEDNESDAY**

#### **Breakfast**

Potato waffle, mushrooms and baked beans

#### **Lunch**

Lasagne, garlic bread, peas/salad

Veggie lasagne

Roasted vegetable tarts

Jelly pots

#### **Supper**

Chicken goujons, chips, peas or beans

### **THURSDAY**

#### **Breakfast**

Scrambled eggs, hash browns, bacon

#### **Lunch**

Steak pie, new potatoes, carrots, green beans, gravy

Quiches

Homemade flapjack

#### **Supper**

Chilli con carne or veggie chilli and rice

### **FRIDAY**

#### **Breakfast**

Belgian waffle and maple syrup

#### **Lunch**

Chicken goujons, chips, baked beans

Veggie fingers

Omelette

Homemade cookies

## **Week Three Menu**

### **MONDAY**

#### **Breakfast**

N/A

#### **Lunch**

Chilli con carne or veggie chilli, rice and peas

Baked potato, beans and cheese

Chocolate chip cookies

#### **Supper**

Hot sausage roll, chips and beans

### **TUESDAY**

#### **Breakfast**

Scrambled eggs, grilled tomatoes

#### **Lunch**

BBQ chicken, potato wedges, sweetcorn

Vegetable tarts

#### **Supper**

Tortellini pasta

### **WEDNESDAY**

#### **Breakfast**

Bacon, hash browns and peas

#### **Lunch**

Macaroni cheese, garlic bread, peas

Chickpea and warm lentil salad

Ice cream

#### **Supper**

Minute steak, fries, peas, grilled tomato

### **THURSDAY**

#### **Breakfast**

American pancakes, maple syrup

#### **Lunch**

Shepherd's pie, carrots, broccoli, gravy

Mexican rice stuffed peppers

Marble cake

#### **Supper**

Chicken and red pepper fajitas and nachos

### **FRIDAY**

#### **Breakfast**

Belgian waffles, maple syrup

#### **Lunch**

Battered cod fillet, chips and peas or baked beans

Veggie fingers

Omelette

Chocolate brownie

## **Week Four Menu**

### **MONDAY**

#### **Breakfast**

N/A

#### **Lunch**

Butter chicken curry and rice

Vegetable curry

Pasta with tomato and basil sauce and cheese

Lemon drizzle cake

#### **Supper**

Cod, chips and peas

### **TUESDAY**

#### **Breakfast**

Bacon, egg, grilled tomatoes

#### **Lunch**

Homemade Cornish pasty, new potatoes, carrots, peas and gravy

Vegan pasty/quiche

Victoria sponge cake

#### **Supper**

Pasta bake, garlic bread, sweetcorn

### **WEDNESDAY**

#### **Breakfast**

Croissants or boiled eggs

#### **Lunch**

Beef or vegan meatballs in tomato sauce with spaghetti, garlic bread and peas

Mexican rice stuffed peppers

Jelly pots

#### **Supper**

Baked potatoes, cheese, baked beans, tuna, salad

### **THURSDAY**

#### **Breakfast**

Baked beans, potato waffles, mushrooms

#### **Lunch**

Butcher's pork or veggie sausages, mash, carrots, peas

Chocolate sponge cake

#### **Supper**

Macaroni cheese, peas, garlic bread

### **FRIDAY**

#### **Breakfast**

Belgian waffles, maple syrup

#### **Lunch**

Fish or veggie fingers, chips, peas, baked beans

Omelette

Homemade muffin